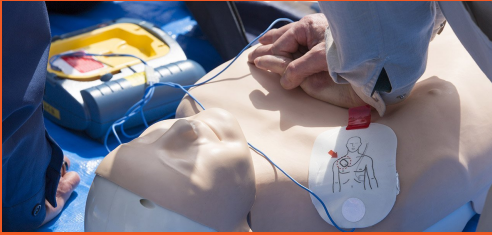




The UK number 1 provider of online and face to face training resources specific to the first aid courses fostering care sector.

Should you see a course you wish to book please contact us on 0800 774 7874. If you are a Leaving Care employee please contact your agency direct.

1 AED (Defibrillator) and CPR Training Fostering



When an individual suffers cardiac arrest, their chance of survival falls by approximately 10% for each minute that passes without AED (Automated External Defibrillation). Having a workplace defibrillator and people that know how to use it can greatly reduce the risk of death.

This course gives you the knowledge and confidence to use a defibrillator effectively, and the skills to perform effective CPR.

The main learning objectives of the course are as follows:

- To be aware of the signs of cardiac arrest
- To know what an Automated External Defibrillator is
- To know how to use the Automated External Defibrillator
- To understand CPR and the recovery position
- To know what to do in the event of choking
- To understand casualty handover and reporting

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Upon booking this course, we will discuss the learning objectives and outcomes you wish to achieve based on the young people in your care.

We also have an advanced version, which is specifically for designated individuals or seniors.

Should you wish to discuss your needs before making a booking, please call 0800 774 7874.

2 Basic First Aid Fostering



First aid is a vital skill that all foster carers should have an awareness of. This course is designed for foster carers who want to receive training in emergency first aid. It will cover the methods of dealing with various first aid emergencies, such as choking and shock, or CPR.

The main learning objectives of the course are as follows:

- To understand the primary and secondary assessments

- To know the recovery position

- To know how to administer CPR

- To know how to deal with different emergencies, like bleeding, shock, or choking

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Upon booking this course, we will discuss the learning objectives and outcomes you wish to achieve based on the young people in your care.

We also have an advanced version, which is specifically for designated individuals or seniors.

Should you wish to discuss your needs before making a booking, please call 0800 774 7874.

3 First Aid And AED Annual Refresher Training Fostering



The Resuscitation Council UK and the HSE recommends that first aiders should receive annual refresher training. This hands-on course provides learners with the valuable opportunity to practice and refresh key lifesaving skills with the help and support of a skilled trainer.

Learners will also gain a valuable insight into the recent first aid guidelines that were released in 2015, meaning they will leave the course with the most up-to-date knowledge and first aid skills needed to deal with the wide range of situations that could arise in their setting.

The main learning objectives of the course are as follows:

- To understand CPR (Adult)

- To understand Automated External Defibrillation

- To know how to manage life threatening bleeding

- To know what to do in the event of choking (Adult)

- To know what to do in the event of an unconscious casualty

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Upon booking this course, we will discuss the learning objectives and outcomes you wish to achieve based on the young people in your care.

We also have an advanced version, which is specifically for designated individuals or seniors.

Should you wish to discuss your needs before making a booking, please call 0800 774 7874.

4 First Aid Refresher Fostering



First aid is a vital skill that all foster carers should have an awareness of. This course is designed for foster carers who want to receive training in emergency first aid. It will cover the methods of dealing with various first aid emergencies, such as choking and shock, or CPR.

The main learning objectives of the course are as follows:

- To understand the primary and secondary assessments
- To know the recovery position
- To know how to administer CPR
- To know how to deal with different emergencies, like bleeding, shock, or choking

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Upon booking this course, we will discuss the learning objectives and outcomes you wish to achieve based on the young people in your care.

We also have an advanced version, which is specifically for designated individuals or seniors.

Should you wish to discuss your needs before making a booking, please call 0800 774 7874.

5 First Aid-Paediatrics Fostering



First aid is a vital skill that all foster carers should have an awareness of. This course is designed for foster carers who want to receive training in paediatric first aid. It will cover the methods of dealing with various first aid emergencies, and will look at the process of accident reporting and action planning. This comprehensive course can be delivered in one day.

The main learning objectives of the course are as follows:

- To understand the role of a first aider, accident reporting, and the first aid box

- To understand action planning in an emergency

- To understand the primary and secondary assessments

- To know the recovery position

- To know infant, child, and adult resuscitation (CPR)

- To know the correct action for infant, child, and adult choking

- To know how to manage head injuries

- To understand allergic reactions and anaphylactic shock

- To be aware of the treatment for bleeding, shock, and burns

- To be aware of the treatment for sprains, strains, and fractures

- To know how to manage poisoning, bites, and stings

- To know how to manage eye, nose, and ear obstructions

- To be aware of childhood conditions

- To know how to manage asthma and respiratory infections

- To know how to manage diabetes, sickle-cell anaemia, and meningitis

- To gain an understanding of epilepsy and convulsions

- To gain an understanding of hypo/hyperthermia

- Examples of accidents where you don't need to call 999

CPR practice on Adults

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Upon booking this course, we will discuss the learning objectives and outcomes you wish to achieve based on the young people in your care.

We also have an advanced version, which is specifically for designated individuals or seniors.

Should you wish to discuss your needs before making a booking, please call 0800 774 7874.

6 Level 3 Award First Aid At Work Fostering



This comprehensive course equips learners with the vital skills necessary to diagnose and treat injuries or illness, with an emphasis on dealing with life threatening situations until professional help arrives.

Our expert trainers draw on their own first aid experiences to make learning fun and memorable. This ensures that learners leave with the confidence and vital lifesaving skills needed to deal with the wide range of situations that could arise in the workplace. What's more, as first aiders will receive a regulated qualification, employers can book this course and rest assured that they are providing quality first aid training without having to undertake any ongoing due diligence checks.

The main learning objectives of the course are as follows:

Unit 1

- To understand the role and responsibilities of a first aider
- To be able to assess an incident
- To be able to manage an unresponsive casualty who is breathing normally
- To be able to manage an unresponsive casualty who is not breathing normally
- To be able understand the importance of, and be able to use an AED (automated external defibrillator)
- To recognise and assist a casualty who is choking
- To manage a casualty who is wounded and bleeding
- To manage a casualty who is in shock
- To understand how to manage a casualty with a minor injury

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Upon booking this course, we will discuss the learning objectives and outcomes you wish to achieve based on the young people in your care.

We also have an advanced version, which is specifically for designated individuals or seniors.

Should you wish to discuss your needs before making a booking, please call 0800 774 7874.



8 Paediatric First Aid Accredited Fostering



This two-day Level 3 Paediatric First Aid course is designed for people working with children, especially children under eight years old. It meets the requirements for the Early Years Foundation Stage Statutory Framework (EYFS) and Ofsted. On completion, candidates are awarded a certificate that is valid for three years.

The main learning objectives of the course are as follows:

Day 1

To understand the role of the paediatric first aider

To be able to assess an emergency situation and act safely and effectively

To be able to provide first aid for an infant or child who is unresponsive and breathing normally

To be able to provide first aid for an infant or child who is unresponsive and not breathing normally

To understand the importance of, and be able to use, an AED (Automated External Defibrillator)

To be able to provide first aid for an infant or child who has a foreign body airway obstruction

To be able to provide first aid to an infant who is wounded and bleeding

To be able to provide first aid to an infant or child who is suffering from shock

Examples of accidents where you don't need to call 999

CPR practice on Adults

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Upon booking this course, we will discuss the learning objectives and outcomes you wish to achieve based on the young people in your care.

We also have an advanced version, which is specifically for designated individuals or seniors.

Should you wish to discuss your needs before making a booking, please call 0800 774 7874.

